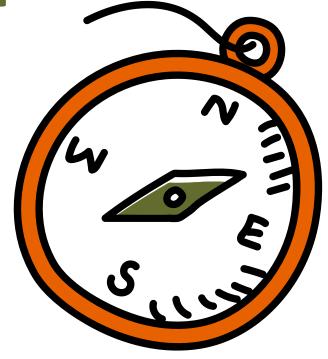
The Leadership Compass

**Developing Capacity from Within** 

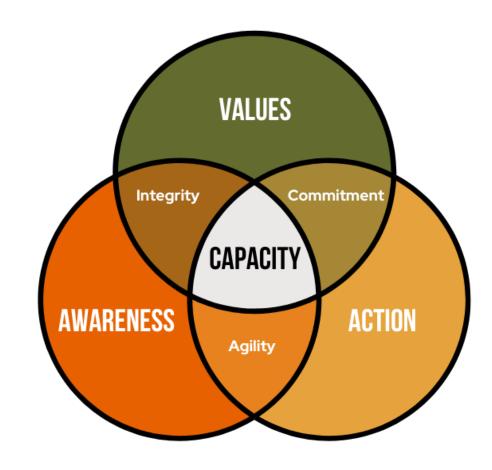


Bournemouth, Saturday 7 June 2025

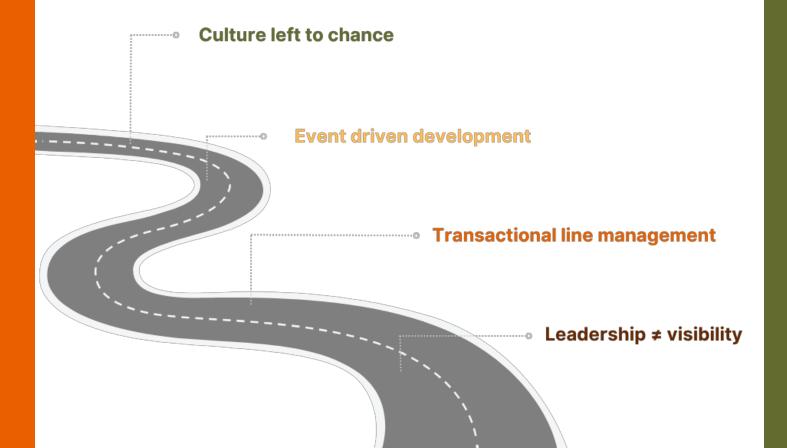


## **Understanding Leadership Capacity**

- ★ Leadership capacity is not simply readiness for promotion; it's the ability to think, decide, and act with integrity, agility, and commitment.
- ★ Capacity exists at every level (not just in hierarchical roles) but in how individuals influence, respond, and relate.
- ★ It is developed not just through skills training, but through reflective practice, relational trust, and values alignment.



## Why it matters



- ★ Too many leadership programmes focus on role-readiness rather than reflective readiness.
- ★ Initiative fatigue, performative compliance, and 'ready or not' leadership pipelines often neglect the relational foundations of effective leadership.
- ★ Coaching as a practical and researchinformed way to develop the deeper dimensions of leadership.

## Using the compass to develop capacity

#### **PURPOSE**

"What really matters here? and what might need to matter less?"

Cut initiative overload; connect actions to shared values.

#### **PRACTICE**

"What habit or routine needs attention this week?"

Align habits with values to stay on course.

## PERSPECTIVE

"What are we assuming? What's the wider impact?"

Slow decision-making; explore unintended consequences.

#### **PRESENCE**

"How are you being experienced? What do others need from you now?"

Develop emotional intelligence, selfawareness, courage, and consistency.



### **Example from practice: Line Management Meeting**



#### Before the meeting

- Clarify the purpose: growth, alignment, support, and challenge
- ★ Share your agenda. Ask for theirs. Meetings work best when both parties arrive with clear intention
- Review previous actions and notes to set the stage for continuity and credibility
- Protect the time. Don't cancel



#### **During the meeting**

- ★ Start by listening
- ★ Ask coaching questions to deepen the conversation
- ★ Balance challenge with support. Stretch and scaffold. Raise concerns early, clearly, and kindly
- ★ Vagueness breeds mistrust. Connect to strategy. Keep the bigger picture in view while supporting personal growth
- ★ Let silence do the heavy lifting



#### After the meeting

- ★ Summarise key actions
- Clear and simple is best. Follow up with a short note or informal check-in. It shows that the conversation mattered
- ★ Reflect: What did I learn? What helped? What will I do differently next time?
- ★ Line management is also a mirror: how you lead others reveals how you lead yourself

# Thank you

